



SDIultrasound.com

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**O** SUNRIDGE: 2121 - 36 ST. NE • CALGARY, AB

**②** EAST HILLS: 531 - 409 E HILLS BLVD. SE • CALGARY, AB

# **GENERAL & PAIN MANAGEMENT REQUISITION • URGENT BOOKINGS AVAILABLE**

PATIENT INFORMATION: *Please refer to the back of this document for patient instructions and additional information.				
Name:	☐ Male ☐ Female ☐ Other Phone:			
	ovince: Postal Code:			
	pointment Date/Time:			
HISTORY/DIAGNOSIS/SPECIAL REQUESTS:			more about Pain Management visit: www.SDIultrasound.com	
		☐ FURTHER ASSESS & TREAT		
			INJECTABLE THERAPY CHOICES	
			teroid	
_	MSK PROCEDURES (Includes preliminary X-ray if require			
STAT REPORT Phone:	Fax:	☐Shoulder	□R□L	
X-RAY:		□Elbow	$\square$ R $\square$ L	
☐Specify Area:		□Wrist	$\square$ R $\square$ L	
ULTRASOUND:		☐ Hand Finger:	$\square$ R $\square$ L	
GENERAL	VASCULAR	□Hip	□R□L	
☐ Abdomen	□ Leg Veins □ R □ L	- Itilice	□R□L	
☐ Appendix/Bowel	□ DVT	☐ Achilles/Retrocalc Bursa	□R□L	
☐ Liver/Elastography	☐ Insufficiency	□Ankle	□R □L	
HCC Screening	□ Leg Arteries (includes ABI/TBI) □ R □ L □ Arm Veins □ R □ L	Foot Toe:	□R□L	
Pelvis Female +/- EV (includes kidneys)	□ Arm Arteries □ R □ L	☐ Morton's Neuroma		
Pelvis Male (includes kidneys)	□IVC/Iliac Veins □R□L	☐ Steroid ☐ Alcohol	□R□L	
☐ Kidneys/Ureters/Bladder (KUB)	□ Aorta/Iliac Arteries □ R □ L	Other:		
□Abdominal Wall □ R □ L	☐ Renal Arteries	SPINAL PROCEDURES		
☐ <b>Groin</b> (pain/lump/hernia) ☐ R ☐ L	☐ Carotid Arteries	LUMBAR		
Scrotal/Testes	☐Thoracic Outlet Impingement ☐R ☐L	Facet Joint	L1/L2 □R □L	
☐ Thyroid (includes lymph nodes) ☐ Neck/Head (nodes/mass/salivary)	☐ Graft Assessment (specify in history)	Medial Branch Block (MBB)	L2/L3 □R □L	
□ Breast (includes axilla) □ R □ L	MSK (Includes preliminary X-ray if required)	☐ Epidural Steroid Injection	L3/L4 □R □L	
□ Axilla □ R □ L	□Shoulder □R□L		L4/L5 □R □L	
□Chest Wall □R□L	☐+ Arthrogram ☐R ☐L		L5/SI R L	
Other:	□ <b>Elbow</b> □R □L		L Level(s):	
	<b>□Wrist</b> □R □L	Sacroiliac Joint	□R□L	
PREGNANCY	□ <b>Hand Finger:</b> □R □L	☐ Injection ☐ MBB  THORACIC ☐ Facet Joint ☐ R ☐		
☐ Dating/Viability/Ectopic	□ <b>Hip</b> □R □L	CERVICAL	ll Levei(s):	
Detailed Fetal Anatomy (18-20 weeks)	□ Knee □ R □ L	Facet Joint	C2/C3 □R □L	
BPP (28+ weeks)	☐ Ankle ☐ R ☐ L	☐ Epidural Steroid Injection	C2/C3 □ R □ L	
General Fetal Well-Being (13+ weeks)	□ Foot Toe: □ R □ L	Epidulat Steroid Injection	C4/C5 □R □L	
High Risk Fetal Assess. (incl. cord doppler)	Other:		C5/C6 □R □L	
REFERRING PRACTITIONER (REQUIRED):			C6/C7 □R □L	
Name:	Prac ID:			
Clinic/Address:			☐ Botox for Chronic Migraine	
		☐TMJ Botox ☐TMJ Joint Inje	ection 🗆 R 🗆 L	
Phone: Fax:		☐ Greater & Lesser Occipital N	erves 🗆 R 🗆 L	
Copy to: Fax:		☐3rd Occipital Nerve	$\square$ R $\square$ L	
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# PATIENT INSTRUCTIONS

- Please bring this document with you to the exam.
- Please bring your valid Health Care Card and valid photo ID.
- Please arrive earlier than your scheduled exam time.
- Please do not bring children requiring supervision to the exam.
- For cancellations or to rebook, please call our office: 403.568.7676.
- You may be rebooked if preparation procedures below are not followed.
- All exams and procedures listed on this requisition form must be ordered by a qualified referring physician or practitioner.

#### **EXAM PREPARATION:**

#### **Abdomen Ultrasound:**

- Do not eat, drink, smoke, or chew gum for 8 hours before your appt.
- If needed, take medication with a small amount of water only.

## Pelvic, or Pregnancy (less than 25 weeks) Ultrasound:

- Empty your bladder 1.5 hours before your exam.
- Drink 4 glasses of water or juice after emptying your bladder, finishing 1 hour before your exam.
- Eat normally before the exam.
- Do not empty your bladder until after the exam.

#### Pregnancy (greater than 25 weeks) /Biophysical Profile Ultrasound:

- Empty your bladder 1.5 hours before your exam.
- Drink 2 glasses of water or juice after emptying your bladder, finishing 1 hour before your exam.
- Eat normally before the exam.
- Do not empty your bladder until after the exam.
- If you're over 34 weeks pregnant, a full bladder isn't necessary.

#### Combination Abdomen and Pelvis Ultrasound:

- Do not eat, drink, smoke, or chew gum for 8 hours before your appt.
- Empty your bladder 1.5 hours before your exam.
- Drink 4 glasses of water after emptying your bladder, finishing
- 1 hour before your exam.
- Do not empty your bladder until after the exam.

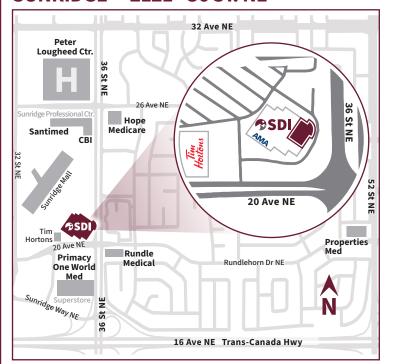
#### Kidnevs and Bladder Ultrasound:

- Empty your bladder 1.5 hours before your exam.
- Drink 4 glasses of water or juice after emptying your bladder, finishing 1 hour before your exam.
- Do not empty your bladder until after the exam.

### Pain Management:

- For any cervical procedures, nerve root blocks, or epidurals, it is mandatory to arrange transportation to and from your appointment.
- It is essential that you inform us of any blood thinner medications you are currently using at the time you book your appointment.
- If feasible, please avoid taking additional pain medications on the day of your examination, as this enables us to more accurately evaluate your response to the treatment we provide.

# BOTH OUR LOCATIONS OFFER FREE PARKING AND CAN BE BOOKED AT 403.568.7676. SUNRIDGE • 2121 - 36 ST. NE EAST HILLS: 531 - 409 E HILLS BLVD. SE





<sup>\*</sup>Learn more about our Pain Management at www.SDIultrasound.com